Maryland Medical Orders for Life-Sustaining Treatment (MOLST)

Patient's Last Name, First, Middle Initial	Date of Birth	☐ Male ☐ Female

This form includes medical orders for Emergency Medical Services (EMS) and other medical personnel regarding cardiopulmonary resuscitation and other life-sustaining treatment options for a specific patient. It is valid in all health care facilities and programs throughout Maryland. This order form shall be kept with other active medical orders in the patient's medical record. The physician or nurse practitioner must accurately and legibly complete the form and then sign and date it. The physician or nurse practitioner shall select only 1 choice in Section 1 and only 1 choice in any of the other Sections that apply to this patient. If any of Sections 2-9 do not apply, leave them blank. A copy or the original of every completed MOLST form must be given to the patient or authorized decision maker within 48 hours of completion of the form or sooner if the patient is discharged or transferred.

CERTIFICATION FOR THE BASIS OF THESE ORDERS: Mark any and all that apply.

I hereby certify that these orders are entered as a result of a discussion with and the informed consent of:

- ☐ the patient; or
- ☐ the patient's health care agent as named in the patient's advance directive; or
- ☐ the patient's guardian of the person as per the authority granted by a court order; or
- ☐ the patient's surrogate as per the authority granted by the Heath Care Decisions Act; or
- ☐ if the patient is a minor, the patient's legal guardian or another legally authorized adult.

Or, I hereby certify that these orders are based on:

- ☐ instructions in the patient's advance directive; or
- ☐ other legal authority in accordance with all provisions of the Health Care Decisions Act. All supporting documentation must be contained in the patient's medical records.

☐ Mark this line if the patient or authorized decision maker declines to discuss or is unable to make a decision about these treatments. **The patient's or authorized decision maker's participation in the preparation of the MOLST form is always voluntary.** If the patient or authorized decision maker has not limited care, except as otherwise provided by law, CPR will be attempted and other treatments will be given.

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CPR (RESUSCITATION) STATUS: EMS providers must follow the *Maryland Medical Protocols for EMS Providers*.

☐ **Attempt CPR:** If cardiac and/or pulmonary arrest occurs, attempt cardiopulmonary resuscitation (CPR). This will include any and all medical efforts that are indicated during arrest, including artificial ventilation and efforts to restore and/or stabilize cardiopulmonary function.

[If the patient or authorized decision maker does not or cannot make any selection regarding CPR status, mark this option. Exceptions: If a valid advance directive declines CPR, CPR is medically ineffective, or there is some other legal basis for not attempting CPR, mark one of the "No CPR" options below.]

No CPR, Option A, Comprehensive Efforts to Prevent Arrest: Prior to arrest, administer all medications needed to stabilize the patient. If cardiac and/or pulmonary arrest occurs, do not attempt resuscitation (No CPR). Allow death to occur naturally.

☐ **Option A-1, Intubate:** Comprehensive efforts may include intubation and artificial ventilation.

☐ **Option A-2, Do Not Intubate (DNI):** Comprehensive efforts may include limited ventilatory support by CPAP or BiPAP, but do not intubate.

☐ **No CPR, Option B, Palliative and Supportive Care:** Prior to arrest, provide passive oxygen for comfort and control any external bleeding. Prior to arrest, provide medications for pain relief as needed, but no other medications. Do not intubate or use CPAP or BiPAP. If cardiac and/or pulmonary arrest occurs, do not attempt resuscitation (No CPR). Allow death to occur naturally.

PHYSICIAN'S OR NURSE PRACTITIONER'S SIGNATURE (Signature and date are required to validate order)

Practitioner's Signature	Print Practitioner's Name	
Maryland License #	Phone Number	Date

Patient's Last Name, First, Middle Initial	Date of Birth	Page 2 of 2 ☐ Male ☐ Female

Orders in Sections 2-9 below do not apply to EMS providers and are for situations other than cardiopulmonary arrest. Only complete applicable items in Sections 2 through 8, and only select one choice per applicable Section.

2 ARTIFICIAL VENTILATION

2a. ☐ May use intubation and artificial ventilation indefinitely, if medically indicated.

2b. ☐ May use intubation and artificial ventilation as a limited therapeutic trial.
Time limit_____

2c. ☐ May use only CPAP or BiPAP for artificial ventilation, as medically indicated.
Time limit_____

2d. ☐ Do not use any artificial ventilation (no intubation, CPAP or BiPAP).

3 BLOOD TRANSFUSION

3a. ☐ May give any blood product (whole blood, packed red blood cells, plasma or platelets) that is medically indicated.

3b. ☐ Do not give any blood products.

4 HOSPITAL TRANSFER

4a. ☐ Transfer to hospital for any situation requiring hospital-level care.

4b. ☐ Transfer to hospital for severe pain or severe symptoms that cannot be controlled otherwise.

4c. ☐ Do not transfer to hospital, but treat with options available outside the hospital.

5 MEDICAL WORKUP

5a. ☐ May perform any medical tests indicated to diagnose and/or treat a medical condition.

5b. ☐ Only perform limited medical tests necessary for symptomatic treatment or comfort.

5c. ☐ Do not perform any medical tests for diagnosis or treatment.

6 ANTIBIOTICS

6a. ☐ May use antibiotics (oral, intravenous or intramuscular) as medically indicated.

6b. ☐ May use oral antibiotics when medically indicated, but do not give intravenous or intramuscular antibiotics.

6c. ☐ May use oral antibiotics only when indicated for symptom relief or comfort.

6d. ☐ Do not treat with antibiotics.

7 ARTIFICIALLY ADMINISTERED FLUIDS AND NUTRITION

7a. ☐ May give artificially administered fluids and nutrition, even indefinitely, if medically indicated.

7b. ☐ May give artificially administered fluids and nutrition, if medically indicated, as a trial.
Time limit_____

7c. ☐ May give fluids for artificial hydration as a therapeutic trial, but do not give artificially administered nutrition.
Time limit_____

7d. ☐ Do not provide artificially administered fluids or nutrition.

8 DIALYSIS

8a. ☐ May give chronic dialysis for end-stage kidney disease if medically indicated.

8b. ☐ May give dialysis for a limited period.
Time limit_____

8c. ☐ Do not provide acute or chronic dialysis.

9 OTHER ORDERS _____

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PHYSICIAN'S OR NURSE PRACTITIONER'S SIGNATURE (Signature and date are required to validate order)

Practitioner's Signature	Print Practitioner's Name	
Maryland License #	Phone Number	Date